

Hello, I am Rebecca Padley.

I had all but given up on my dream of becoming an Ob/Gyn. I was so disappointed and torn about women's health care when my professor said there were no definitive treatments to address the underlying pathologies in women's reproductive medicine. He said there is no research that would address such issues and that the birth control pill was the only answer to any superficial symptoms.

*"This is terrible medicine!"* I thought. No other medicine treats patients like that – in cardiology we look for reasons to a problem, we try to understand and treat the underlying causes – but in women's reproductive health we simply prescribe a pill that suppresses the reproductive system or work with infertility by "jumping over" the root causes. *Both approaches are immoral, dehumanizing and do not solve the problem.*

Last fall I had a great honor to spend two months at the Pope Paul VI Institute as part of my medical school clinical rotations and even assisted with research in medical NaproTECHNOLOGY.

Neither NaproTECHNOLOGY nor the *Creighton* Model are taught in medical schools. My professors didn't know about this science, although many were curious about the science and excited to hear that such treatment exists.

I have worked with approximately 50 doctors in 12 hospitals nationwide and *no one treated patients with such dedication and respect for their natural fertility as Dr. Hilgers did.* Dr. Hilgers will do everything he can to get to the bottom of the issue. He brings all the pieces to the puzzle and patients get closure to long term problems. He engages the husband, as well, during patient visits, which makes Dr. Hilgers' approach even more holistic. As a result, the couples are much more at ease throughout the entire process, and the outcomes are phenomenal.

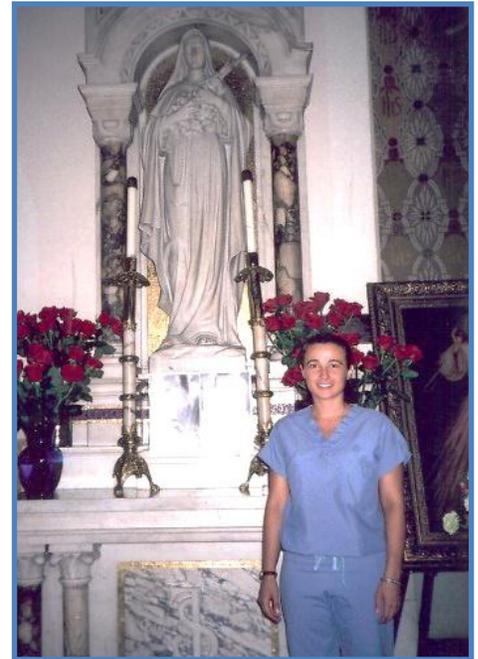
*Now I can sleep well at night knowing that my role in health and medicine will not compromise my beliefs, ethics, and God.* This experience has been a positive force for me to realize that I can make a difference people's lives.

I will be starting my residency in a few months and after that I hope I will be accepted to the Institute's fellowship program.

*I hope my note will inspire your support to the Institute.* I also hope that one day I will be able to complete my fellowship at the Institute because you have helped. Thank you.

Sincerely,

Rebecca



*I chose Pope Paul VI Institute because everywhere else women's health seemed to be an incomplete science.*

*-Rebecca Padley*